

# Co-op

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Nelson, whose co-op is considered an LLC, heads eight locations and has raised the rate slightly since she started to cover gas. She said she's not in it for a profit, but to help other moms and families.

The business started with 17 of Nelson's friends and now has more than 1,000 participants.

Before her family's involvement with the co-op, Walston said "we did not eat one-tenth of the produce we eat now." Walston picked up a basket Thursday and said she got more variety than at a grocery store, where she can buy only lettuce, cucumber and tomatoes without going over budget. "Normally, on a grocery trip, we may be able to get three of these (items), not 15." Her latest basket held 40 to 50 pieces of produce.

She also compares prices with Harris Teeter, Bi-Lo and Aldi, saying the co-op still saves her \$45 to \$50 every two weeks.

## Produce options

- Original basket, \$17.50, includes 11 to 15 different varieties for a total of 40 to 50 items.
- Smaller portion basket, \$11.50, includes 11 to 15 different varieties for a total of 20 to 25 items.
- Fruit-only basket, \$8.50, includes four to six varieties. Avocados, lemons and limes are considered fruit. This basket will be available at the end of the month.
- Blessing basket, \$17.50, an original basket purchased for someone else. These will be donated to a local family in need. Four staple items — apples, bananas, lettuce and tomatoes — are always included in the original, smaller portion and blessing baskets. Apples and bananas will always come in the fruit-only basket. Other basket items are purchased based on price and seasonal availability and could include grapes, lemons, oranges, pears, cucumbers, mushrooms, broccoli, onions, peppers, potatoes, squash and garlic.

Walston's trial run with the co-op was at Matthews' first pickup, where about 30 baskets were given out. By the time she started one in Indian Trail a couple of months later, the Matthews location was giving out more than 200 baskets.

With all payments pooled together to buy in bulk, Walston said "the more participants, the greater buying power we have." Sixty baskets were given out at the Indian Trail location Thursday, but Walston said it will be

80 to 100 once summer is over and people come back from vacation.

Other sites could be opened if there are enough people to help out, said Walston.

The next pickup day for Indian Trail is Aug. 20. Orders must be in by Aug. 14. The Indian Trail pickup location is Sardis Baptist Church on the first and third Thursday of each month.

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# E-mail

Continued from Page 1A

plans. An ORDER from the GOVERNMENT."

Wrong, said policy analysts who work for Kissell.

"The whole section deals with instructing Medicare to pay for a counseling session about end-of-life care, including hospice and advance-directive planning if the patient chooses to request such a consultation," said one Kissell policy statement.

"It focuses on allowing patients to develop advance-directives should they so choose — allowing patients to make care decisions and express their wishes."

The rumor has been so persistent that the non-profit, non-partisan FactCheck.org and the White House have begun to collect chain e-mail in order to rebut assertions that the government will support euthanasia or take end-of-life decisions away from patients or their caregivers.

In July, the AARP released a statement refuting claims that Medicare counselors will encourage people to choose suicide or tell them to refuse care that could extend their lives.

"This measure would allow Medicare to pay doctors for taking the time to talk with individuals about difficult end-of-life care decisions," according to the press release. "It would help provide people with better information on the positives and negatives — both physical and financial — that different treatments can mean for them and their families."

"Facing a terminal disease or debilitating accident, some people will choose to take every possible life-saving measure in the hopes that treatment or even a cure will allow them more time with their families. Others will decide that additional treatment would impose too great a burden — emotional, physical and otherwise — on themselves and their families, declining extraordinary measures and instead choosing care to manage their discomfort. Either way, it should be their choice."

Blackwood, who represents western Union County in the North Carolina General Assembly, said he passed along the information from an e-mail he received from a "reliable source."

"I neither endorsed or criticized or made comment," Blackwood said. "I thought it was of a lot of interest."

Blackwood said he doesn't plan to send a correction or caution newsletter recipients that his staff did not verify the claims in the e-mail. Blackwood said the posting was bundled with page numbers in the bill that allowed readers to verify the accuracy themselves.

"Part of what I saw was accurate," he said. "But I was working on state business, I wasn't working on federal busi-

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Curtis Blackwood  
State Representative

ness."

The lawmaker's newsletters typically contain his personal commentary, but Blackwood said he made an "exception" in this case because of overwhelming interest in Democrats' health care bill.

Additional red-marked items in Blackwood's newsletter highlight page 59 under a section that spells out how payments will be transferred. The newsletter says that "the federal government will have direct, real-time access to all individual bank accounts for electronic funds transfer."

Representatives from North Carolina's congressional delegation said that the federal government will not have access to individual bank accounts.

The bill, in lines 21-24, refers to electronic payments between health care providers and insurance companies in order to expedite payments.

"Administrative simplification measures like these save billions of dollars," said Haven Kerchner, a spokesman for U.S. Rep. Larry Kissell, D-N.C. "Nothing will give the government access to individual bank accounts."

The next highlighted item in Blackwood's newsletter pokes fun at taxes.

"The tax imposed under this section shall not be treated as tax," the newsletter reads, quoting the bill, then goes on to add a comment from Blackwood, "(Yes, it really says that.)"

Where Blackwood's newsletter differs from the bill is that it cut off the quote. The full explanation in the bill reads, "The tax imposed under this section shall not be treated as tax imposed by this chapter for purposes of determining the amount of any credit under this chapter or for the purposes of section 55."

Kissell spokesmen said that means any cost-of-living increase will not be treated as a tax. Any additional tax to fund the health care overhaul would be treated as a tax.

- Staff writer Billy Ball contributed to this report.

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Trust in the Lord with all thine heart; and lean not unto thine own understanding. In thy ways acknowledge Him, and He shall direct thy paths." Proverbs 3:5,6

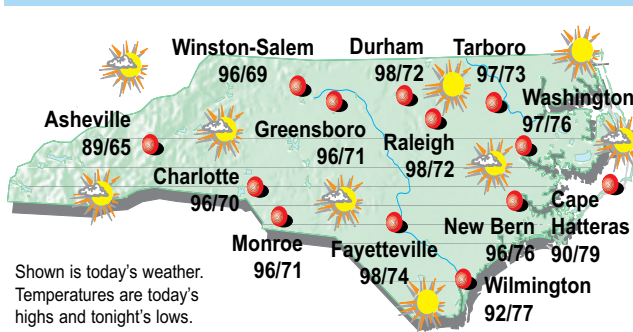
## The Enquirer-Journal Weather

Today	Tonight	Monday	Tuesday	Wednesday	Thursday
Mostly Sunny 96°	Clear 71°	Mostly Sunny 96° 70°	T-storms 94° 70°	T-storms 90° 68°	T-storms 88° 68°

### In-Depth Forecast

Today we will see mostly sunny skies with a high temperature of 96°, humidity of 62% and an overnight low of 71°. The record high temperature for today is 102° set in 1980. The record low is 54° set in 2002. Monday, skies will remain mostly sunny with a high temperature of 96°.

### North Carolina State Forecast



### Almanac

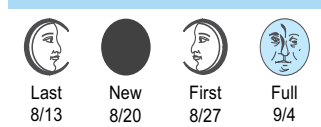
Yesterday's Temperatures  
High ..... 89  
Low ..... 69

Yesterday's Precipitation  
Precipitation ..... 0.00"

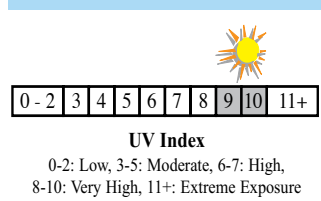
### Sun and Moon

Sunrise today ..... 6:38 a.m.  
Sunset tonight ..... 8:17 p.m.  
Moonrise today ..... 9:55 p.m.  
Moonset today ..... 9:58 a.m.

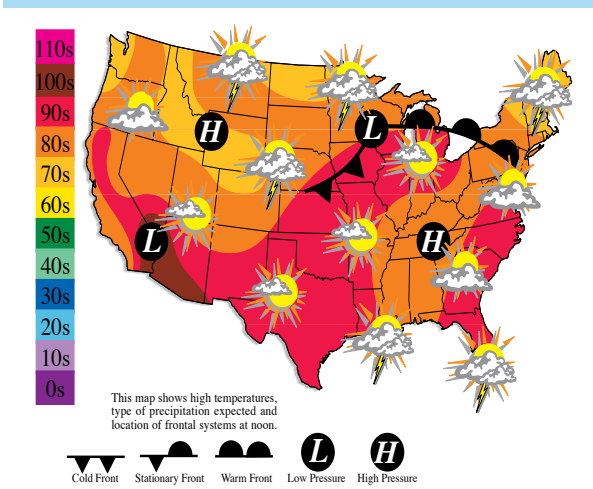
### Moon Phases



### Local UV Index



### Today's National Map



### National Extremes

High: 114° in Bullhead City, Ariz. Low: 31° in Ely, Nev.

### Around Our State

City	Today		Monday	
	Hi/Lo	Wx	Hi/Lo	Wx
Albemarle	.96/71 s	.96/72 s		
Brevard	.89/65 s	.88/66 s		
Burlington	.97/71 s	.97/72 s		
Cape Fear	.98/73 s	.99/73 s		
Emerald Isle	.92/78 s	.92/79 s		
Fort Bragg	.98/73 s	.98/73 s		
Gastonia	.97/71 s	.95/71 s		
Grandfather Mtn.	.82/63 s	.80/64 pc		
Greenville	.97/76 s	.98/77 s		
Hendersonville	.89/66 s	.89/68 s		
Hickory	.95/70 s	.93/70 pc		
Jacksonville	.96/76 s	.97/77 s		
Kinston	.96/76 s	.97/77 s		
Kitty Hawk	.94/78 s	.93/79 s		
Mount Mitchell	.95/70 s	.95/70 s		
Roanoke Rapids	.96/73 s	.97/74 s		
Southern Pines	.98/73 s	.97/73 s		
Swanquarter	.94/77 s	.95/78 s		
Wilkesboro	.95/67 s	.94/68 s		
Williamston	.97/76 s	.98/77 s		
Yanceyville	.97/71 s	.97/72 s		
Zebulon	.98/73 s	.99/72 s		

### Across The Nation

City	Today		Monday	
	Hi/Lo	Wx	Hi/Lo	Wx
Atlanta	.92/71 s	.90/72 t		
Baltimore	.96/76 mc	.96/77 s		
Chicago	.95/75 s	.89/70 t		
Denver	.85/58 pc	.88/58 pc		
Detroit	.93/73 t	.91/72 t		
Houston	.95/77 t	.95/77 t		
Indianapolis	.92/72 s	.91/72 mc		
Los Angeles	.86/65 s	.86/66 s		
Miami	.90/82 t	.89/81 t		
Minneapolis	.89/66 t	.84/63 mc		
New York	.89/78 t	.92/78 pc		
Orlando	.94/76 t	.91/75 t		
Philadelphia	.93/76 t	.96/75 s		
Reno	.88/58 s	.94/60 s		
Sacramento	.99/61 s	.98/60 s		
Salem, OR	.78/55 mc	.78/56 pc		
Salt Lake City	.79/64 s	.87/67 t		
San Francisco	.70/55 s	.70/56 s		
Seattle	.73/56 mc	.71/54 pc		
Syracuse	.84/72 t	.90/70 t		
Tampa	.92/78 t	.92/75 t		
Washington, DC	.98/77 pc	.97/76 s		

### Around The World

City	Today		Monday	
	Hi/Lo	Wx	Hi/Lo	Wx
Acapulco	.91/80 t	.90/79 t		
Athens	.88/74 s	.88/73 s		
Baghdad	.110/83 s	.106/82 s		
Beijing	.82/72 t	.90/72 pc		
Berlin	.81/63 pc	.74/61 ra		
Cairo	.95/78 s	.95/76 s		
Hong Kong	.88/77 t	.88/77 t		
London	.75/59 pc	.72/59 pc		
Madrid	.80/62 sh	.87/62 s		
Mexico City	.79/57 t	.78/56 t		
Moscow	.63/49 sh	.71/49 pc		
Nassau	.90/82 t	.89/82 t		
Paris	.77/58 mc	.77/57 pc		
Rio de Janeiro	.79/65 s	.82/68 s		
Rome	.84/69 sh	.80/68 sh		
San Juan	.89/80 t	.88/80 sh		
Stockholm	.74/57 s	.73/57 pc		
Tokyo	.83/77 t	.81/77 t		
Toronto	.80/72 t	.83/68 t		

Weather (Wx): cl:cloudy; pc:partly cloudy; ra/rain; rs/rain & snow; s/sunny; sh/showers; sn/snow; th/thunderstorms; w/windy

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